



Pain Assessment

Jennifer Aniston

Pain Assessment ID

7

Assessment Date

3/7/2009

Doctor

Resident has experienced pain in past 7 days

How often has resident complained of pain?

Less than daily

Where is pain located?

both feet not extending past ankles

Note all sites on illustration to right.
(I-Internal, E-External)

What is the duration of pain?

Constant

Ask the resident to describe pain (check all that apply)

Burning

Radiating

Sharp

Numbness

Aching

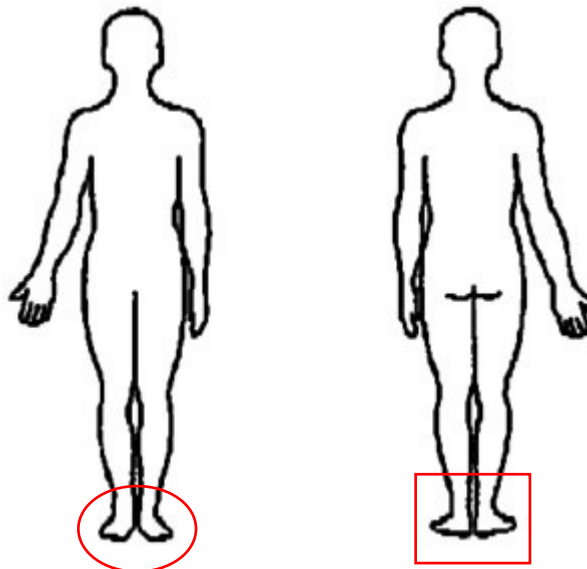
Dull

What activities increase the pain?

Sitting for long period of time

What relieves the pain?

Movement and medication



Jennifer has dull pain in both feet. PRN meds will help.

The following behaviors may be indicative of pain/discomfort
(Check all that apply and describe if necessary)

Noisy Breathing

Negative Vocalizations

Looking Sad

Looking Frightened

Aggressiveness

Having a Frown

Absence of a Look of Contentment

Absence of a Relaxed Body Posture

Looking Tense

Fidgeting

Current Medications and Dosage

Other Comments

Will continue to monitor thru weekly assesment along with PRN documentation for effectiveness.

Jennifer will express in the mornings that "she had a ruff night"

Easy to tell that she did not rest comfortably

adjustment in chair regularly

PRN Vicodin 5/500 mg Q4hrs